



TRANSFORMATION

14 DAY FAST

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Transformation 2017

14 Day Fast

Introduction

For the last several years in January our church has set aside a set number of days to seek the Lord through prayer and fasting. Our theme for this year is Transformation 2017.

We will also provide a daily guide and video blog posted every evening (the night before) on Pastor Tom's Facebook. In the daily blog Pastor Tom will share our focus for the day and a few thoughts.

Through the years we have experienced amazing spiritual breakthroughs, healings, and enjoyed the benefits of growing spiritually during our fasting seasons. We have also experienced a greater Presence of the Lord in our church services.

This fast is designed for those who are experienced at fasting and the new beginner. If you do not prefer our fasting model, feel free to fast anyway that you can. Or simply join us through prayer and agreement.

Our intention is not conformity, but for our all of us to draw near to the Lord and for our church, city, and our nation to experience a Transformation in 2017.

Our acronym and daily focus is posted on the next page. This is the daily focus of our fast and is intended to unify our prayers and give us a foundation to begin our day. It is also intended to stimulate us to deepen our studies and increase our fellowship with the Holy Spirit.

In His Service,

Thomas McDaniels
Lead Pastor

**Our Acronym is taken from the word
“Transformation”**

Those in authority

Revive us

Aligning with heaven

No weapon shall prosper

Satisfy your soul in drought

Forgive and be forgiven

Oppression arrested

Reaping and sowing

Mighty signs and wonders

Ask for the nations

Together in unity

Issues of the heart

Open heaven

New thing

I. Details & Purpose

Dates: January 1-14, 2017

Length of Fast: 14 Days

Our Purpose:

- To set a specific time and season to seek the Lord.
- Focus on a time of consecration and to allow the Lord to show us our hearts.
- To seek the Lord for direction in 2017, a fresh anointing on our church, healing for members in our church body, and the release of signs, wonders, and miracles in the Body of Christ.

II. Types of Fast:

- **Full Fast** Drink only liquids
- **Food Fast** – abstaining from food totally for a certain amount of time or abstaining from certain types of food or drinks.
- **Partial Fast** A partial fast is giving up partial items such as certain foods or drinks. Also a partial fast means you would fast part of a day. This was common in Israel. There are some fasts in scripture that were from sun up to sundown.
- **Media Fast** – many people choose giving up their computers, iPods, video games, etc. Some give up their favorite TV show and read the word when normally you would be watching TV. Remember, the key here is to spend time praying, reading, serving, giving, or worshipping.
- **Sleep Fast** - On some days people sleep less and get up a little earlier and seek the Lord. If you normally get up at 6:00am, get up at 5:30am and give that time to the Lord. An extra 30 minutes in the word or prayer brings huge results.
- **Daniel Fast** - Eat no meat, no sweets and no bread. Drink water and juice. Eat fruits and vegetables. The Daniel Fast is taken from the 1st Chapter of the Book of Daniel. Daniel requested to eat only vegetables and water and to refrain from wine, and sweet bread.
- **Guidelines for the Daniel Fast**
 - **Fruits:** Apples, apricots, bananas, grapes, honeydew melons, watermelon, mangoes, nectarines, strawberries, figs, lemons, limes, pears, peaches, & more.

- **Vegetables:** artichokes, asparagus, beets, Brussels sprouts, cabbage, carrots, zucchini, spinach, sprouts, sweet p [potatoes, parsley, onions, cucumbers, kale, leeks, lettuce, eggplant, mustard greens, etc.
- **Seeds:** Nuts & sprouts.
- **Whole grains:** Brown rice, oats, barley
- **Liquids:** water, distilled water, 100% all natural juices, V-8 juice or all natural vegetable juice.
- **Beans:** legumes, pintos, split peas, lentils, black eyes peas.

III. Getting Started:

- 1) If you have health concerns or take medications please consult the advice of your physician. Newcomers to fasting should start simple and get advice from others.
 - a. You may start your fast by abstaining from certain types of food or drinks or entire meals. You may also consider a “sacrificial fast.” A sacrificial fast means giving up specific things you enjoy. Always remember; the key to fasting is to replace whatever you are surrendering and replace that time for time with God.
- 2) Decide personally the best fast for you and your family.
- 3) Read Isaiah 58 as a fasting resource.
- 4) Write out the desires you hope to accomplish during the fast.
- 5) Always substitute your meal time for prayer, worship, and reading the word. This is the best strategy for you to seek God and to begin to hear His voice.
- 6) Journal your personal thoughts and struggles. Also journal the words you feel are from the Lord for you or your church.
- 7) Select a prayer partner to unite with in prayer during the fast. This may be your spouse or one of your children.
- 8) Include your family and children in the fast. Get your family together and share what God is doing in your life.

When Should I Fast

Thomas McDaniels

One of the most significant passages of scripture on fasting is found in Isaiah 58. These scriptures will give us clarity in why we should and when.

- 1. When the enemy must be removed.** “Is this not the fast that I choose: to loose the bonds of wickedness . . .” When I can’t seem to break out of a sinful pattern, I should fast (Isaiah 58:6).
- 2. When a burden is too heavy.** “To undo the straps of the yoke, to let the oppressed go free, to break every yoke” (Isaiah 58:6).
- 3. When oppression is relative.** “. . . “to let the oppressed go free” (Isaiah 58:6).
- 4. When needing to get beyond myself.** “Is the fast not to share your bread with the hungry and bring the homeless into your house?” (Isaiah 58:6).
- 5. When healing is delayed.** “Then shall your light break forth like the dawn. Your healing shall spring forth speedily and righteousness shall go before you”. . .” (Isaiah 58:8).
- 6. When an answer to prayer is paramount.** “Then you should call, and the LORD will answer; you shall cry . . . and He will say: Here I am” . . .” (Isaiah 58:9).
- 7. When judgment is present.** “If you take away the yoke from your midst, the pointing finger and the spreading wickedness . . .” (Isaiah 58:10).
- 8. When direction is needed.** “And the LORD will guide you continually...” (Isaiah 58:11).
- 9. When we need restoration.** “. . . And He will make your bones strong. You will be like a well-watered garden, like a spring of water whose waters do not fail” (Isaiah 58:11).
- 10. When darkness is looming.** “If you extend your soul to the hungry And satisfy the afflicted soul, Then your light shall dawn in the darkness, And your darkness shall be as the noonday.” (Isaiah 58:10).

Additional Reading: Matthew 6:16-18, Matthew 9:14-15, Luke 18:9-14

Reading the Word and Fasting: 1 Samuel 1:6-8, 17-18, Nehemiah 1:4, Daniel 9:3, 20, Joel 2:12, Luke 2:37, Acts 10:30, Acts 13:2

Corporate Fast: Acts 27:33-37 Nehemiah 9:1-31 Samuel 7:5-6, Ezra 8:21-23, , Joel 2:15-16, Jonah 3:5-10

LifeBridge
Transformation 2017
Prayer & Fasting Guide

Day 1 – Sunday January 1, 2017

Prayer Focus: Those in Authority

Fast Focus: Daniel Fast or Fast (abstain from food) one meal today

Scripture Focus: *1 Timothy 2:1-3...Therefore I exhort first of all that supplications, prayers, intercessions, and giving of thanks be made for all men, ² for kings and all who are in authority, that we may lead a quiet and peaceable life in all godliness and reverence. ³ For this is good and acceptable in the sight of God our Savior,*

Pastor's Blog: The scripture commands us to pray for Kings (government officials) & everyone in authority. We see through the scripture and the life of many that prayers for our leaders and officials have a direct influence on the spiritual climate and outcomes. Let's remember the prayers and influence of both Nehemiah and Esther. We see in scripture that our prayers have a direct affect on the affairs of leaders and governments. God's perfect desire is for His people to experience peace, reverence, and godliness.

We have listed a few of our National and Local leaders below.

In our prayers today let's pray over our nation and our leaders.

Specific: President Donald Trump

Vice President: Mike Pence

White House Staff

Our Troops & Soldiers

Longview City Mayor – Andy Mack

Longview District Attorney: Carl Dorough

County Judge: Bill Stoudt

Police Chief: Mike Bishop

County Sheriff: Maxey Cerliano

Firefighters & Police Department

School Administrations in our region

School Teachers, Local Pastors & Churches

Day 2 – Monday January 2, 2017

Prayer Focus: Revive Us

Fast Focus: Daniel Fast or fast 2 meals today and all sweets and desserts

Scripture Focus: *Hosea 6:1-13... Come, and let us return to the LORD; For He has torn, but He will heal us; He has stricken, but He will bind us up. After two days He will revive us; On the third day He will raise us up, That we may live in His sight. Let us know, Let us pursue the knowledge of the LORD. His going forth is established as the morning; He will come to us like the rain, Like the latter and former rain to the earth.*

Pastor's Blog: The church in America must be REVIVED! The scripture tells us to “awake from our sleep.” We have been lulled into a deep sleep of lethargy and complacency. We must wake up! One way we can be revived is through seeking God through His word. We must begin to look into the mirror (the word) and see our condition. We must clean up (repent), get dressed (put on Christ). Let's ask for God's Word to pierce our hearts and the fire of God to revive our souls.

Specific: Let's pray for God to open our eyes (Rev 3:18) and the eyes of our spiritual leaders around the world.

Additional reading:

Psalms 85:4-13

Psalms 138:7-8

Things to consider:

Have you ever experienced a season of lethargy and apathy in your Christian walk?

Personally ask yourself why, when, and how do you need revived in your spiritual walk. Write your thoughts in the journal section below.

Journal:

Day 3 – Tuesday January 3, 2017

Prayer Focus: Alignment with Heaven

Fast Focus: Daniel Fast or fast 2 meals of your choice today

Scripture Focus: *Matthew 6:10...Thy kingdom come, Thy will be done in earth, as it is in heaven.*

Pastor's Prayer Blog: Heaven is a place where God's will reigns supreme. If we want to have a taste of heaven on earth, then our prayers should be like Jesus': "Thy kingdom come, Thy will be done..." The purest motivation for our prayers is that God will be glorified and that His will would reign supreme in our lives, just as it does in heaven. On a more personal level, we can pray that His will be unhindered in our own life. Rather than imposing His will upon us, God gives us the choice to surrender to our will to Him. As we learn this surrender we join God in an incredible adventure of participating in God's plan to move His kingdom forward on the earth.

Specific: Let's pray like Jesus prayed; "your will be done as earth as it is in heaven." Let's also be specific in our own lives and our loved ones as well as our church, city, and our nation.

Additional reading:

Judges 6:11-27

Luke 15:11-32

Things to consider:

Did the prodigal son do the Father's will in asking for his inheritance?

Was Gideon doing the Father's will in hiding in the wine press?

Have you ever missed the Father's will and not known it? Are you currently outside of the will of God? Write below any struggles you are having in fulfilling God's will over your life.

Journal

Day 4 – Wednesday January 4, 2017

Prayer Focus: No weapon formed against you shall prosper

Fast Focus: Daniel Fast or fast your favorite beverage (coffee, cokes, Dr Pepper).

Scripture Focus: *Isaiah 54:17...No weapon formed against you shall prosper, And every tongue which rises against you in judgment You shall condemn. This is the heritage of the servants of the LORD, And their righteousness is from Me," Says the LORD.*

Pastor's Prayer Blog: One of the key strategies of the enemy so to find our weaknesses and then form a weapon against us in that area. The enemy magnifies one area of our lives and tries to make us believe that our whole life is wrapped up there. But we must remember we have two very effective offensive weapons...the Sword of the Spirit and prayer. When we use the Word of God as a sword it divides our soul and our Spirit and reveals the intentions of the enemy and the motivations of our heart. And when we pray in the Spirit, the Holy Spirit helps us, intercedes for us, and gives us assurance as we stand on the word. When we protect ourselves with His armor, and pray in the Spirit, the power of the enemy is no match for the power of God!

Specific: Pray against and take authority over any enemy or weapon that is bringing trauma, pain or distraction over you!

Additional reading:

Daniel 3:1-30

Ephesians 6:10-18

Things to consider:

Are there areas I have given the enemy access into my life?

Have we identified certain weapons that have distracted or hindered my walk?

Write your thoughts below.

Journal

Day 5 – Thursday January 5, 2017

Prayer Focus: Satisfy your soul in drought

Fast focus: Daniel Fast or fast one meal of your choice today.

Scripture focus: *Psalm 58:11...Satisfy your soul in drought, and strengthen your bones; You shall be like a watered garden, and like a spring of water, whose waters do not fail.*

Pastor blog: Many are facing spiritual dryness as a real symptom and a very difficult tension. Spiritual dryness has the same effects to the Spirit as depression does to the soul. We are so dry that our spiritual appetite is suppressed and our spiritual thirst is waned. This creates a war zone in our soul realm. We must learn to lead ourselves by our actions rather than allow our feelings to lead us into inaction. We often fall prey to allowing our emotions to control our decisions. In dry seasons we must position ourselves to receive the rain, quench our thirst, and taste and see that the Lord is good.

Specific prayer: Let's prayer specifically for God to quench our thirst for him and water our souls.

Additional reading:

Psalm 63:1

*O God, You are my God; Early will I seek You; My soul thirsts for You; My flesh longs for You In a **dry** and thirsty land Where there is no water.*

Isaiah 44:3

*For I will pour water on him who is thirsty, And floods on the **dry** ground; I will pour My Spirit on your descendants, And My blessing on your offspring;*

Things to consider:

Describe the driest season of your spiritual life in the journal section below.

What did you do to get out of your dry season?

What was the biggest struggle in this season?

Journal

Day 6 – Friday January 6, 2017

Prayer Focus: Forgive and be forgiven

Fast Focus: Daniel Fast or sleep fast...awake 20 minutes early or stay up 20 minutes late and spend time with God in worship, prayer, or reading the Word.

Scripture Focus: *Matthew 6:14...For if you forgive men their trespasses, your heavenly Father will also forgive you.*

Pastor's Prayer Blog: Someone said that bitterness is like drinking poison and expecting someone else to die. So today is the day we bring all our relationship struggles to the Lord. Failure to forgive others is a huge detriment to our spiritual walk. We are commanded to forgive every person who has wronged us. Allow the Lord to minister to you regarding the truth of forgiving any person that has wronged you and any person you have not forgiven. We must remember that forgiveness is not a feeling but a choice. God's word tells us to forgive as we have been forgiven.

Specific: Let's pray for the grace to forgive others no matter how severe their pain toward us.

Additional reading:

Luke 6:27

But I say unto you which hear, Love your enemies, do good to them which hate you,

Colossians 3:13

Forbearing one another, and forgiving one another, if any man have a quarrel against any: even as Christ forgave you, so also [do] ye.

Things to consider:

Am I holding a grudge against anyone who harmed me?

What has kept me from releasing them?

Journal

Day 7 - Saturday January 7, 2017

Prayer focus: Oppressed go free

Fast focus: Daniel Fast or fast all food and snacks and drink only water from sunup to sundown

Scripture focus: *Isaiah 58:6...To let the oppressed go free, and that you break every yoke?*

Pastor blog: Oppression is a primary strategy of the enemy. We see in scripture that God hears the prayers of the oppressed. He told Moses I have seen the oppression of my people and I have come to bring them into a good land. The devil is an oppressor and often uses our circumstances against us. The enemy comes to steal, kill, and destroy, but God has come to give us life and life more abundantly. Reach for life and resist oppression through the power of God and His word.

Specific prayer: Let's first focus on breaking all oppression off of our own lives and our own family. We can be oppressed physically, emotionally, or financially. So let's target our prayers against all forms of oppression and resistance from God's promises.

Additional reading:

Isaiah 54:14

*In righteousness you shall be established; You shall be far from **oppression**, for you shall not fear; And from terror, for it shall not come near you.*

Acts 7:34

*I have surely seen the **oppression** of My people who are in Egypt; I have heard their groaning and have come down to deliver them. And now come, I will send you to Egypt."*

Read Luke 4: 18-19

Things to consider:

Write in the journal below the worst oppressive season of your Christian life.

Write how you overcame this oppression.

Journal:

Day 8 – Sunday January 8, 2017

Prayer Focus: Reaping and Sowing

Fast Focus: Daniel Fast or fast 2 meals of your choice today

Scripture Focus: *Galatians 6:7...Do not be deceived, God is not mocked; whatever is sown, is also reaped.*

Pastor's Prayer Blog: Some are deceived because the seed that has been sown has not produced the harvest they expected. So they stopped believing and then stopped sowing. This is a huge mistake. We must keep sowing and keep believing that God's word is true. Let's resist all deception and realize our season of harvest is promised and God is not a liar. Allow me to go prophetic here. I am convinced that 2017 will be a year of prosperity for many of you and the Body of Christ. I encourage you to believe strongly, to sow generously and reap consistently in 2017.

Specific: Pray for God to bless and prosper you as you sow into His Kingdom and lay up treasures in heaven.

Additional reading:

Deuteronomy 30:2-3 (NLT)

If at that time you and your children return to the Lord your God, and if you obey with all your heart and all your soul all the commands I have given you today, then the Lord your God will restore your fortunes.

Luke 6:38 (AMP)

Give, and it will be given to you. They will pour into your lap a good measure—pressed down, shaken together, and running over [with no space left for more]. For with the standard of measurement you use [when you do good to others], it will be measured to you in return.

Things to consider:

Reaping is a result of sowing. God's prosperity is a system of sowing and reaping. The scripture says the measure we use it will be measured back unto us. Lets resolve to be generous and expect to be prosperous in 2017.

From Pastor Tom:

Consider how you reap your harvest. Do you just throw your money into the plate? I suggest that you pray (plant) over your seed when you give your offering and speak the word (water) over your offering. The seed needs soil, seen and water....Then wait patiently as a farmer that is expecting a harvest.

Day 9 – Monday January 9, 2017

Prayer focus: Morning light breaks through

Fast focus: Daniel Fast or drink only water today

Scripture focus: Isaiah 58:6...*Then your light shall break forth like the morning, Your healing shall spring forth speedily, and your righteousness shall go before you.*

Pastor blog: What an incredible promise...that as we fast God's way then we will be flooded with light, healing, and righteousness. Now, from a prayer perspective what does this mean? It is symbolic language indicating that God is going to break out in giving revelation, breakthroughs, and remarkable moments of answered prayer. This is a promise we must embrace. This promise includes the breaking forth of God's wisdom and knowledge. It includes God revealing answers to things in our lives that have been on hold. It includes the unlocking of mysteries that have held us in frozen seasons and unexplained lack or crisis. This is the season of Transformation!

Specific prayer: Ask God to reveal the mystery of your unexplained poverty. Ask God for wisdom and revelation and to teach you how to prosper.

Additional reading:

Ecclesiastes 2:14

Then I saw that wisdom excels folly as light excels darkness.

Isaiah 60:1

Arise, shine; For your light has come! And the glory of the Lord is risen upon you.

Ephesians 1:17-21 & Colossians 1:9-14

Things to consider:

Have you ever experienced moments where you were flooded with light resulting in revelation or understanding? Describe that story in your journal.

If God does something like this during your fast please send us your story through messenger on our Facebook.

Journal

Day 10 – Tuesday January 10, 2017

Prayer Focus: Ask for the Nations

Fast Focus: Daniel Fast or fast 2 meals of your choice today

Scripture Focus: *Psalms 2:8... "Ask of Me, and I will give you the nations for Your inheritance, And the ends of the earth for your possession."*

Pastor's Prayer Blog: The nations are filled with chaos as well as our nation. We are seeing unprecedented times of turbulence all around the world. Relationships between nations are the top-source of strife, war, and international conflict. The United States has been in the center of this, yet choosing to lead from the middle. The nations need revival and serious change. We are not seeking political change or religious change but a true God encounter in the nations of the world.

Specific: Let's ask the Father to save our neighbors, co-workers, friends, and also the ethnic groups including Muslims, Hindus, all races, creeds and religions.

Additional reading:

2 Peter 3:9

The Lord is not slow in keeping his promise, as some understand slowness. Instead he is patient with you, not wanting anyone to perish, but everyone to come to repentance.

Psalm 33:12

Blessed is the nation whose God is the Lord, the people whom he has chosen as his heritage.

II Chronicles 7:14

If my people who are called by my name humble themselves, and pray and seek my face and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land.

Things to consider: We live in a global world. The result of this globalization is that our economy and world structures are tied together. That is why it is NOW important to pray for the nations. Write down your biggest global concerns and pray about them to Father.

Journal

Day 11 – Wednesday January 11, 2017

Prayer Focus: Together in Unity

Fast Focus: Daniel Fast or fast all food from sunup to sundown (Jewish fast).

Scripture Focus: Psalm 133: 1-3...*Behold, how good and how pleasant it is For brethren to dwell together in unity! It is like the precious oil upon the head, Running down on the beard, the beard of Aaron, Running down on the edge of his garments. It is like the dew of Hermon, Descending upon the mountains of Zion; for there the LORD commanded the blessing—Life forevermore.*

Pastor Blog: Unity is one of the most powerful principles in scripture. Where we see unity we always see power. When we have unity in the local church we close the door on Satan and open the door for God's presence and a greater anointing. As a local congregation unity is a strong factor to accomplishing greater things. It is also imperative that different congregations and churches begin to unite around our common purpose of knowing Christ and making Him known. We must keep our hearts pure from jealousy, division, fear, and sectarianism. Together we stand and divided we fall.

Specific: Let's pray for LifeBridge to experience divine unity and to be a catalyst in uniting other Pastors and churches together around the mission of Christ. Let's also pray for unity in marriages, jobs, schools, corporations, and churches across our city and region.

Additional reading:

Ephesians 4:4-6

There is one body and one Spirit, just as also you were called in one hope of your calling; one Lord, one faith, one baptism, one God and Father of all who is over all and through all and in all.

Philippians 1:27

Only conduct yourselves in a manner worthy of the gospel of Christ, so that whether I come and see you or remain absent, I will hear of you that you are standing firm in one spirit, with one mind striving together for the faith of the gospel;

Things to consider:

Where is my life out of unity and with whom?

I feel strongly about marriage here. Lets get in unity with our spouse during this fast!

Journal:

Day 12 – Thursday January 12, 2017

Prayer focus: Issues of the Heart

Fast focus: Daniel Fast or fast social media and all television for the entire evening and spend your evening in prayer, worship, and reading God’s word.

Scripture focus: *Proverbs 4:23...keep your heart with all diligence, For out of it spring the issues of life.*

Pastor blog: Today we are going to get right into the depths of our heart and allow God to look inside. The Bible says that it is not what goes into a man that defiles him, but what comes out of man. So let’s examine what’s coming out of my heart. Is it good fruit and God centered, or is my heart filled with things that hinder and get in the way of God’s best for me? God instructs us to use diligence when it comes to our heart. That means we should pay close attention to the condition of our heart. Let’s allow the Holy Spirit to search our heart today!

Specific: Let’s simply ask the Lord to show us our heart!

Additional reading:

Proverbs 3:5

*Trust in the Lord with all your **heart**, and lean not on your own understanding...*

Proverbs 6:14

*Perversity is in his **heart**, He devises evil continually, He sows discord.*

Proverbs 16:23

*The **heart** of the wise teaches his mouth, And adds learning to his lips.*

Things to consider:

Many of us are looking for our heart to be impure but God can give us a pure heart! The pure in heart see God. God can give you clean hands and a pure heart! Lets seek for that heart today.

Journal

Day 13 – Friday January 13, 2017

Prayer focus: *Open the Heavens*

Fast focus: Daniel Fast or fast 2 meals of your choice today

Scripture focus: Matthew 3:16-17... *When He had been baptized, Jesus came up immediately from the water; and behold, the heavens were opened to Him, and He saw the Spirit of God descending like a dove and alighting upon Him. And suddenly a voice from heaven saying, "This is my beloved Son, in whom I am well pleased.*

Pastor blog: The first thing I want us to notice is that Jesus was coming under the former order of John's ministry. Jesus was also submitting himself under John and was aligning his Spirit to God's order of baptism. The heavens open for those under the order of God and those who order their lives according to God's will. An open heaven means the Spirit is moving and we are hearing God's voice as Jesus did.

Specific prayer: Let's be sure and align to God's order and expect to hear His voice!

Additional reading:

Isaiah 64:1

Oh, that you would burst from the heavens and come down! How the mountains would quake in your presence!

Psalm 61:1-2

Hear my cry, O God; attend unto my prayer. From the end of the earth will I cry unto you, when my heart is overwhelmed: lead me to the rock that is higher than I"

Things to consider:

Do you believe that God speaks to us? When was the last time you heard his voice?

Is there any area you have disobeyed his voice in the past?

Journal

Day 14 – Saturday January 14, 2017

Prayer focus: New Thing

Fast focus: Daniel Fast or fast 1 meal today

Scripture focus: Isaiah 43:18-20... *“Do not remember the former things, Nor consider the things of old. Behold, I will do a new thing, Now it shall spring forth; Shall you not know it? I will even make a road in the wilderness, And rivers in the desert. The beast of the field will honor Me, The jackals and the ostriches, Because I give waters in the wilderness And rivers in the desert, To give drink to My people, My chosen.*

Pastor blog: Many of us need God to do a new thing in our life. Most of us rarely take our own spiritual temperature and rarely slow down enough to listen to the Holy Spirit. This migrates into becoming spiritually stale or developing a lack of spiritual appetite. And maybe we do not have a desire for something new. Others of us are weary. Weary of waiting on a breakthrough. Or maybe we are in despair of what has not happened. Well, let's put that behind us today! Let's make sure we are reaching for what's ahead and not allowing the past, our own failures, or the devil, to stop or delay the Transformation God desires for us.

Specific: During this fast let's pray for God to show us what NEW THINGS He wants to do for us and through us. Let's seek God for a His newness in our life and church!

Additional reading:

Ezekiel 11:19

Then I will give them one heart, and I will put a new spirit within them, and take the stony heart out of their flesh, and give them a heart of flesh.

Proverbs 20:27

*The spirit of a man is the lamp of the Lord, Searching all the inner depths of his **heart**.*

Let's read the entire **Book of Jonah** and discover how God dealt with his heart!

Things to consider:

Are you holding on to something old that has kept you from moving forward?

Write down a new thing you believe that God wants to TRANSFORM in your life in 2017!

Journal

CONGRATULATIONS YOU HAVE JUST COMPLETED A 14 DAY FAST!